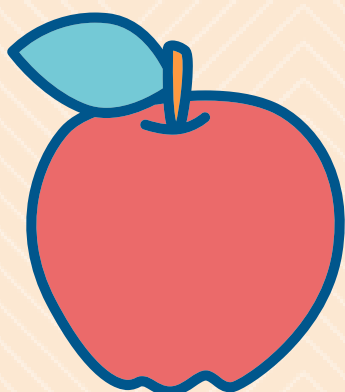


Helping Students Make the Grade!



UC COOPERATIVE EXTENSION ALAMEDA COUNTY

UCCE Nutrition Educators partnered with 141 teachers
to deliver nutrition lessons to 4232 students
(2015-2016)



**1 73% ARE CHOOSING
HEALTHIER FOODS**

Fruits, vegetables, and healthy snacks



**2 29% ARE MORE
PHYSICALLY ACTIVE**

Being active everyday is fun!



**3 40% IMPROVED FOOD
SAFETY SKILLS**

Washing hands, storing food properly

"Students are more aware of their diet
choices and motivated in physical activities."

"Students paid more attention to nutrition
labels on their foods and drinks and
analyzed them on their own."

What teachers are saying...

**Expanded Food and Nutrition Education Program
Changing Student's Knowledge & Behaviors**

**For More Information Contact Marisa Neelon,
NFCS Advisor at mqneelon@ucanr.edu**

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